

## CAREGIVER QUESTIONNAIRE

For the questions on the next ## pages, please indicate:

How much the patient's mood or mental state interfered with the activity;

Whether performing the activity is important for you.

1. During the past week, how much did the patient's mood or mental state interfere with the ability to have a stimulating exchange of ideas together?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

2. During the past week, how much did the patient's mood or mental state interfere with the ability to laugh and have fun together?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

3. During the past week, how much did the patient's mood or mental state interfere with the ability to confide in each other?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

## CAREGIVER QUESTIONNAIRE

4. During the past week, how much did the patient's mood or mental state interfere with quiet times together, e.g., watching TV, reading, listening to music, or talking?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

5. During the past week, how much did the patient's mood or mental state interfere with the ability to demonstrate affection towards each other, such as kissing and hugging?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

6. During the past week, how much did the patient's mood or mental state interfere with the ability to shop, do errands, or take a car ride or public transportation together?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

## CAREGIVER QUESTIONNAIRE

7. During the past week, how much did the patient's mood or mental state interfere with the ability to handle joint finances together, such as pay bills, file taxes, and manage money?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

8. During the past week, how much did the patient's mood or mental state interfere with the ability to participate in religious services together?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

9. During the past week, how much did the patient's mood or mental state interfere with the ability to spend time together with friends?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

## CAREGIVER QUESTIONNAIRE

10. During the past week, how much did the patient's mood or mental state interfere with the ability to spend time together with family members, such as siblings, in-laws, children, or grandchildren?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

11. During the past week, how much did the patient's mood or mental state interfere with shared activities around the house, such as cooking and eating together, cleaning, and yard work?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

12. During the past week, how much did the patient's mood or mental state interfere with the ability to make major decisions together?

- 0=Not at all  
 1=A Little Bit  
 2=Moderately  
 3=Quite a Bit  
 4=Extremely

Is this activity important for you to do with the patient?

- Yes  
 No

## CAREGIVER QUESTIONNAIRE

13. During the past week, how much did the patient's mood or mental state interfere with the ability to play cards, board or word games, etc. together?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

14. During the past week, how much did the patient's mood or mental state interfere with shared activities in the community, such as going to a doctor's appointment, movie, sporting event or restaurant, taking a walk or playing a sport?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

15. During the past week, how much did the patient's mood or mental state interfere with the ability to plan a future event, such as a trip, vacation, or holiday together?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

## CAREGIVER QUESTIONNAIRE

16. During the past week, how much did the patient's mood or mental state interfere with special, non-routine projects you did together, e.g., packing for a trip, cleaning out the garage, preparing for a holiday or party?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

17. If Partner: During the past week, how much did the patient's mood or mental state interfere with having sexual relations?

- This activity does not apply to our relationship
- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

Is this activity important for you to do with the patient?

- Yes
- No

18. Thinking of all the activities you do or would like to do with the patient, how much did his/her mood or mental state interfere with these activities during the past week?

- 0=Not at all
- 1=A Little Bit
- 2=Moderately
- 3=Quite a Bit
- 4=Extremely

**CAREGIVER QUESTIONNAIRE**

***List of Activities***

1. Have a stimulating exchange of ideas	10. Spend time together with family members
2. Laugh and have fun together	11. Shared activities around the house
3. Confide in each other	12. Make major decisions together
4. Quiet times together	13. Play cards, board or word games, etc. together
5. Demonstrate affection for each other	14. Shared activities in the community
6. Shop, do errands, take a car ride or public transportation together	15. Plan a future event, such as a trip, vacation, or holiday together?
7. Handle joint finances together	16. Special, non-routine projects
8. Participate in religious services together	17. <u>If Partner:</u> Have sexual relations
9. Spend time together with friends	

Looking at the list of activities above, which activities are the most important for you to do with the patient?

*Enter Number from List of Activities*

Most important activity \_\_\_\_\_

Second most important activity \_\_\_\_\_

Third most important activity \_\_\_\_\_

Fourth most important activity \_\_\_\_\_

Fifth most important activity \_\_\_\_\_