

## INDEX OF PREMATURE EJACULATION®

These questions ask about the effects your sexual problems have had on your sex life over the past four weeks. Please answer the following questions as honestly and clearly as possible. In answering these questions, the following definitions apply:

- **sexual intercourse** is defined as vaginal penetration (you entered your partner).
- **ejaculation:** the ejection of semen from the penis.
- **control:** ejaculating when you are ready.
- **distress:** meaning how frustrated, disappointed or bothered you are by your premature ejaculation.

**Mark only ONE box per question**

1. Over the past four weeks, when you had sexual intercourse, how often did you have **control** over when you ejaculated?

- No sexual intercourse (not applicable)
  - Almost always or always
  - More than half the time
  - About half the time
  - Less than half the time
  - Almost never or never

2. Over the past four weeks, when you had sexual intercourse, how much **confidence** did you have over when you ejaculated?

- No sexual intercourse (not applicable)
  - High confidence
  - Moderately high confidence
  - Neither high nor low confidence
  - Moderately low confidence
  - Low confidence

3. Over the past four weeks, when you had sexual intercourse, how often was it satisfactory for you?

- No sexual intercourse (not applicable)
  - Almost always or always
  - More than half the time
  - About half the time
  - Less than half the time
  - Almost never or never

<p>4. <u>Over the past four weeks</u>, when you had sexual intercourse, how satisfied were you with your <b>sense of control</b> over when you ejaculated?</p> <p><input type="checkbox"/> No sexual intercourse (not applicable)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Very satisfied</li> <li><input type="checkbox"/> Somewhat satisfied</li> <li><input type="checkbox"/> Neither satisfied nor dissatisfied</li> <li><input type="checkbox"/> Somewhat dissatisfied</li> <li><input type="checkbox"/> Very dissatisfied</li> </ul>
<p>5. <u>Over the past four weeks</u>, when you had sexual intercourse, how satisfied were you with the <b>length of intercourse</b> before ejaculation?</p> <p><input type="checkbox"/> No sexual intercourse (not applicable)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Very satisfied</li> <li><input type="checkbox"/> Somewhat satisfied</li> <li><input type="checkbox"/> Neither satisfied nor dissatisfied</li> <li><input type="checkbox"/> Somewhat dissatisfied</li> <li><input type="checkbox"/> Very dissatisfied</li> </ul>
<p>6. <u>Over the past four weeks</u>, how satisfied have you been with <b>your</b> sex life overall?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Very satisfied</li> <li><input type="checkbox"/> Somewhat satisfied</li> <li><input type="checkbox"/> Neither satisfied nor dissatisfied</li> <li><input type="checkbox"/> Somewhat dissatisfied</li> <li><input type="checkbox"/> Very dissatisfied</li> </ul>
<p>7. <u>Over the past four weeks</u>, how satisfied have you been with your sexual relationship <b>with your partner</b>?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Very satisfied</li> <li><input type="checkbox"/> Somewhat satisfied</li> <li><input type="checkbox"/> Neither satisfied nor dissatisfied</li> <li><input type="checkbox"/> Somewhat dissatisfied</li> <li><input type="checkbox"/> Very dissatisfied</li> </ul>
<p>8. <u>Over the past four weeks</u>, how much pleasure has sexual intercourse given you?</p> <p><input type="checkbox"/> No sexual intercourse (not applicable)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> High pleasure</li> <li><input type="checkbox"/> Moderately high pleasure</li> <li><input type="checkbox"/> Neither high nor low pleasure</li> <li><input type="checkbox"/> Moderately low pleasure</li> <li><input type="checkbox"/> Low pleasure</li> </ul>

9. Over the past four weeks, how distressed (frustrated) were you by how long you lasted before you ejaculated?

- No sexual intercourse (not applicable)
  - Extremely distressed
  - Very distressed
  - Moderately distressed
  - Slightly distressed
  - Not at all distressed

10. Over the past four weeks, how distressed (frustrated) have you been about your control over ejaculation?

- No sexual intercourse (not applicable)
  - Extremely distressed
  - Very distressed
  - Moderately distressed
  - Slightly distressed
  - Not at all distressed

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