

DAILY SLEEP INTERFERENCE SCALE:

NOT DONE

Please complete the following upon awakening:

Today's Date:
(yyyy-mm-dd) - -

Time of Day:
(24 hour clock) :

Select the number that best describes how much your pain has interfered with your sleep during the past 24 hours. (Check one number only)

- | | | | | | | | | | | |
|------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-----------------------------------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Did not interfere with sleep | | | | | | | | Completely interferes (Unable to sleep due to pain) | | |
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For Review Only
Do not use without permission